

# HEALTH EDUCATION AND BEHAVIOR

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## **APK 6900 Directed Independent Study 1-5 Credits, Max 12 Credits**

**Grading Scheme:** Letter Grade

Individual research projects under faculty guidance.

## **APK 6940 Advanced Practicum in Exercise and Sport Science 1-5 Credits, Max 5 Credits**

**Grading Scheme:** Letter Grade

On-site practical experience in exercise and sport science.

## **HLP 6515 Evaluation Procedures in Health and Human Performance 3 Credits**

**Grading Scheme:** Letter Grade

Evaluation and interpretation of tests and analysis of research data.

## **HLP 6535 Research Methods in Health and Human Performance 3 Credits**

**Grading Scheme:** Letter Grade

Introduction to research methodology and design.

## **HLP 6911 Research Seminar 1 Credit**

**Grading Scheme:** S/U

Research presentations by graduate students and faculty in the College.

## **HLP 6935 Variable International Topics 1-6 Credits, Max 15 Credits**

**Grading Scheme:** Letter Grade

Opportunity to study in a wide range of cultural settings.

**Prerequisite:** adviser's approval.

## **HLP 7939 HHP PhD Professional Development Seminar 3 Credits**

**Grading Scheme:** Letter Grade

Designed to complement the scholarly emphases of the HHP PhD program by providing insight into key considerations for professional development and personal growth. Best practices will be shared for developing professional aptitude and the skills necessary for successful matriculation through graduate studies and future professional careers.

## **HLP 7979 Advanced Research in Health and Human Performance 1-12 Credits**

**Grading Scheme:** S/U

Research for doctoral students before admission to candidacy. Designed for students with a master's degree in the field, or for students who have been accepted for a doctoral program. Not appropriate for students who have been admitted to candidacy.

## **HLP 7980 Research for Doctoral Dissertation 1-15 Credits**

**Grading Scheme:** S/U

Research for Doctoral Dissertation

## **HSC 5135 Emotional Health Education 3 Credits**

**Grading Scheme:** Letter Grade

Importance of emotional health in achieving optimal health. Health educator's role in program development, supportive listening, and referral strategies for counseling. Development of communication skills. Common emotional health problems and concerns. Not open to students who have completed HSC 3134.

## **HSC 5138 Human Sexuality 3 Credits**

**Grading Scheme:** Letter Grade

Theory and practice, including psychosexual development, human reproduction, sexual relationships, dysfunction, therapy, legal and ethical issues, as well as teaching and facilitative techniques. Not open to students who have completed HSC 3133.

## **HSC 5142 Drug Education and Behavior 3 Credits**

**Grading Scheme:** Letter Grade

Social, behavioral, environmental, and historical perspectives on substance abuse; content, issues, and instructional strategies appropriate for health education regarding alcohol, tobacco, and other drugs in school and community settings. Not open to students who have completed HSC 3140.

## **HSC 5315C Teaching Health in Elementary Schools 3 Credits**

**Grading Scheme:** Letter Grade

Examines needed health education areas, lesson and unit planning, methods and innovative approaches to health instruction, and evaluating comprehensive school health education.

## **HSC 5536C Medical Terminology for the Health Professions 3 Credits**

**Grading Scheme:** Letter Grade

Literal and "actual" meanings of medical and scientific terms. Anatomy, physiology, diagnostic, clinical, therapeutic, and pathology pictures presented with compound medical terms. Writings and pronunciation exercises augment the visual format to provide an interactive working knowledge of medical language.

## **HSC 5576 Nutrition Education for Special Populations 3 Credits**

**Grading Scheme:** Letter Grade

Assessing nutrition information needs for selected population groups. Planning, implementing, and evaluating nutrition education programs for school and community settings. Not open to students who have completed HSC 3574.

## **HSC 5606 Spirituality and Health 3 Credits**

**Grading Scheme:** Letter Grade

Exploring current research and theory about the relationship of spirituality and health/disease.

## **HSC 5618 Advanced Exercise Therapy, Adapted Physical Activity, & Health 3 Credits**

**Grading Scheme:** Letter Grade

Art and science of effectively teaching exercise therapy, adapted physical activities, and healthy living strategies. Medical and health characteristics of common disabilities and methods for prescribing appropriate exercise therapy programs are presented. Multiple adapted equipment ideas will be presented to facilitate teaching in inclusive settings for all ages. Clinical experiences with individuals with disabilities are provided.

## **HSC 5626 Minority Health Issues 3 Credits**

**Grading Scheme:** Letter Grade

Current health problems confronting socioeconomically disadvantaged groups and ethnic minority groups.

## **HSC 5657 Health and End-of-Life Issues 3 Credits**

**Grading Scheme:** Letter Grade

Cultural, spiritual, and psychological traditions that affect health decisions, behavior, and medical care. Emphasizes developing professional and personal skills for coping with end-of-life issues for oneself and for assisting others.

## **HSC 5925 Seminar in Health Education 1-3 Credits, Max 6 Credits**

**Grading Scheme:** Letter Grade

Seminar in Health Education

## **HSC 5956 Writing for Professional Publications 3 Credits**

**Grading Scheme:** Letter Grade

Procedures and practices in scholarly writing for health-related professional publications including topic selection, literature searches, internet applications, documentation, manuscript preparation, reasons for rejection, and legal and ethical considerations.

**HSC 6037 Philosophy and Principles of Health Education 3 Credits****Grading Scheme:** Letter Grade

History, philosophy, and ethics; theories of health behavior and principles of learning; areas of professional specialization; roles and functions of professional health educators; certification and continuing education; trends.

**HSC 6235 Patient Health Education 3 Credits****Grading Scheme:** Letter Grade

Health education theory and principles applied to the primary health care setting. Overview of agents and processes of disease, emphasizing program development for teaching protocols for specific diseases. Recent developments in patient education (e.g., outpatient programs and wellness centers).

**HSC 6318 Planning Health Education Programs 3 Credits****Grading Scheme:** Letter Grade

Basic principles of health education for various community settings, and using communication media in joint planning for comprehensive health education.

**HSC 6506 Epidemiology 3 Credits****Grading Scheme:** Letter Grade

Procedures used in studying the origin, distribution, and control of chronic and communicable diseases. Emphasizes the role of health education interventions in disease control.

**HSC 6567 Health Promotion and Programming in Gerontology 3 Credits****Grading Scheme:** Letter Grade

Planning, implementing, and evaluating health maintenance and promotion programs for adult populations, emphasizing the aging process.

**HSC 6571 Contemporary Issues in Health Promotion 3 Credits****Grading Scheme:** Letter Grade

Emotional health, value systems, stress and depression, aging and death, drug abuse, physical fitness, weight control, consumer health, and chronic and communicable diseases.

**HSC 6575 Women's Health Issues 3 Credits****Grading Scheme:** Letter Grade

Relevance for health promotion, prevention, education, and counseling.

**HSC 6595 HIV/AIDS Education 3 Credits****Grading Scheme:** Letter Grade

Examine the medical, social, legal and educational implications of HIV/AIDS on individuals and society.

**HSC 6603 Theories of Health Behavior and Practice in Health Education 3 Credits****Grading Scheme:** Letter Grade

Selected health behavior theories and applying these theories to the practice of health education and health promotion.

**HSC 6605 Scientific Foundations of Holistic Health 3 Credits****Grading Scheme:** Letter Grade

Examining and interpreting the holistic principles that influence and modify the health potential of the individual and the community.

**HSC 6625 Trends in International Health 3 Credits****Grading Scheme:** Letter Grade

Disease patterns and prevalence, contributing factors, organizational and governmental initiatives, and model programs; emphasizes problems amenable to health education interventions. Not open to students who have completed HSC 4650.

**HSC 6629 Health Promotion for Priority Populations 3 Credits****Grading Scheme:** Letter Grade

Health issues confronting politically and socioeconomically disadvantaged groups and ethnic minority groups.

**Prerequisite:** graduate standing.**HSC 6637 Social Marketing and Health 3 Credits****Grading Scheme:** Letter Grade

Current theory and knowledge in field of social marketing. Analysis of components and applications of marketing within context of health behavior.

**HSC 6646 Community Health Methods in Injury Prevention & Control 3 Credits****Grading Scheme:** Letter Grade

Research-based concepts and theories related to unintentional injury prevention and control. Epidemiology and mechanisms of injury, community health injury surveillance systems, incidence and prevalence rates by category of injury, and role of law in injury prevention. Methods for planning, implementing, and evaluating injury prevention programs. Trends and future directions for research.

**Prerequisite:** HSC 3032**HSC 6665 Health Communication 3 Credits****Grading Scheme:** Letter Grade

Survey of theory and research relevant to the role of communication processes in health behavior, health care, and health promotion.

**HSC 6695 Worksite Health Promotion 3 Credits****Grading Scheme:** Letter Grade

Procedures involved in planning, implementing, and evaluating comprehensive health promotion programs; factors in risk assessment and reduction; strategies and resources for employee health education; ethical issues in client relations. Not open to students who have completed HSC 4694.

**HSC 6712 Evaluating Health Education Programs 3 Credits****Grading Scheme:** Letter Grade

Models and strategies for conducting formative and summative evaluations of health education programs.

**HSC 6735 Research Methods in Health Education 3 Credits****Grading Scheme:** Letter Grade

Introduction to methods of health education research.

**HSC 6850 Internship in Health Education 1-12 Credits, Max 12 Credits****Grading Scheme:** Letter Grade

Internship in Health Education

**HSC 6904 Readings in Health Education 1-3 Credits, Max 6 Credits****Grading Scheme:** Letter Grade

Readings in Health Education

**HSC 6905 Independent Study 1-3 Credits, Max 12 Credits****Grading Scheme:** Letter Grade

Independent Study

**HSC 6910 Supervised Research 1-5 Credits, Max 5 Credits****Grading Scheme:** S/U

Supervised Research

**HSC 6935 Current Topics in Health Education 1-3 Credits, Max 6 Credits****Grading Scheme:** Letter Grade

Current Topics in Health Education

**HSC 6940 Supervised Teaching 1-5 Credits, Max 5 Credits****Grading Scheme:** S/U

Supervised Teaching

**HSC 6971 Research for Master's Thesis 1-15 Credits****Grading Scheme:** S/U

Research for Master's Thesis

**HSC 6973 Project in Lieu of Thesis 1-9 Credits****Grading Scheme:** S/U

Planning, implementing, and evaluating a health education program intervention.

**HSC 7904 Advanced Readings in Health Education 1-3 Credits, Max 6 Credits****Grading Scheme:** Letter Grade

Advanced Readings in Health Education

**HSC 7905 Advanced Independent Study in Health Education 1-3 Credits, Max 6 Credits****Grading Scheme:** Letter Grade

Advanced Independent Study in Health Education

**HSC 7937 Advanced Seminar in Health Education 1-3 Credits****Grading Scheme:** Letter Grade

Advanced Seminar in Health Education

**PET 5936 Special Topics/Seminars 1-3 Credits****Grading Scheme:** Letter Grade

Special Topics/Seminars

**PET 6910 Supervised Research 1-5 Credits, Max 5 Credits****Grading Scheme:** S/U

Supervised Research

**PET 6947 Graduate Internship in Exercise and Sport Sciences 3-9 Credits, Max 9 Credits****Grading Scheme:** S/U

On-site full-time practical experience in field of study.

**Prerequisite:** completion of 2 terms of course work applicable to specialization; permission of adviser, written application, and site approval.**PET 6971 Research for Master's Thesis 1-15 Credits****Grading Scheme:** S/U

Research for Master's Thesis