

# STUDENT SERVICES

## Career Connections Center

The Career Connections Center offers award-winning services to help graduate students identify their interests and guide them into professional opportunities beyond graduation.

The center prepares graduate students for their next steps by helping them:

- Assess interests, values, and skills to explore a career path
- Polish CVs and statements
- Make meaning of experiences, including research and teaching

The Career Connections Center also hosts several career fairs, attracting recruiters from hundreds of organizations to network with students about full-time positions.

Located on the first level of the Reitz Union, the office welcomes walk-in students from 9 a.m. - 4 p.m. on weekdays. Please visit <https://career.ufl.edu/> for more information.

## Counseling and Wellness Center

The Counseling and Wellness Center (CWC) offers services to currently enrolled graduate students for personal and educational concerns. Graduate students who are not currently registered may be eligible to pay an off-semester fee for services (please inquire for details).

Professional counselors offer short-term individual, couples, and group counseling. There is no charge for the Center's confidential services. Topics of services for graduate students often include help with concerns related to academic success, time and stress management skills, anxiety and depression, personal and family relationships, adjustment to the culture, and other issues associated with transition.

Counseling and Wellness Center clinicians also provide a range of consultation and outreach programs to the campus community. Phone or in-person consultation is available for students, parents, faculty, and staff regarding any issues related to student development. The CWC clinicians serve as program resources for a wide variety of student organizations and academic departments. The Center has an extensive training program for selected graduate students. The clinical staff teach undergraduate and graduate courses in the Departments of Psychology and Counselor Education, and give guest lectures on a variety of psychological and wellness topics.

All CWC activities are conducted with sensitivity to the diversity of the students on a large, multicultural campus.

For more information, phone (352) 392-1575, or visit <http://www.counseling.ufl.edu>. The CWC is located at 3190 Radio Road (down the street from Lakeside and the SW Rec Center).

## Gatorwell

Since its inception in 1972, GatorWell has applied health promotion strategies to educate UF students on health and wellness topics relevant to the college experience. Our mission is to empower UF students to be healthy and well through prevention. As health education leaders, GatorWell works with campus partners and community stakeholders to best meet the health needs of UF students and ensure continuity of care.

All of GatorWell's services are free to UF students. From individual appointments to group workshops focusing on Time Management, the Health Promotion Specialists at GatorWell target information, skills, and behavior change to the needs of college students.

Free and confidential individual appointments are provided to currently enrolled students, as well as comprehensive programming and outreach on various health topics, including stress reduction, healthy eating, sexual health, sleep, time management, alcohol and other drugs, and interpersonal violence prevention. GatorWell also offers presentations and outreach, health communication campaigns, and skill development on various health topics. As health education leaders, GatorWell works with campus partners and community stakeholders to best meet the health needs of UF students and provide a continuation of care. Through our collaborations and advocacy, we aim to support student wellness to positively impact academic success. Be Well. Do Well. GatorWell.

<https://gatorwell.ufsa.ufl.edu/>

## Graduate Student Council

The Graduate Student Council was formed in 1989 to foster interaction among graduate students on campus and to provide an agency for coordinating graduate student activities and programs. The GSC seeks to improve graduate student education through active and ongoing communication with the Graduate School, the University administration, and the University of Florida Board of Trustees. It also represents the interests of graduate students at the student government, administration, local, state, and national levels. GSC is a dues-paying member of the National Association of Graduate and Professional Students.

## Graduate Student Success Center

The Graduate Student Success Center was created with the graduate student at its core. We are here to enhance your graduate student experience by promoting holistic development and creating a community of belonging.

Graduate education is a decentralized model in which your department and, in some cases, your college take a leading role in your academic program. However, the departments cannot do it all, and our focus is on helping to identify and provide support to you so that you can navigate your journey successfully.

The Graduate Student Success Center was established to support potential graduate students, current students, faculty, and staff in the areas of

- Graduate Student Support & Engagement
- Office of Graduate Professional Development
- Graduate Recruitment
- Postdoc Affairs & Prestigious Awards
- Grad Care
- Thesis, Dissertation, and Publications

With any project we work on or with anyone we are assisting, the values frame our efforts. The values that shape our work include

- Integrity
- Service
- Advocacy
- Empathy

- Collaboration
- Innovation

For further information about the Graduate Student Success Center, please visit <https://grad.ufl.edu/gss/gssc/>

## Student Health Care Center

### Building a Healthy Foundation for The Gator Nation

The Student Health Care Center (SHCC) is an accredited outpatient clinic offering a wide variety of student-focused services, including Primary Care (Illness & Injury Care); Allergy Shots & Immunizations (seasonal flu shots, vaccinations for travel, etc.); Gynecological Services; LGBTQ+ Care; Sports Medicine Clinic; Sexual Health services (STD/STI Testing, GYT Clinic) and Nutrition Services. Additionally, SHCC has an in-house Pharmacy, Lab, X-ray & EKG services.

Students are encouraged to review basic information about scheduling an appointment with SHCC by visiting <http://shcc.ufl.edu/newstudents/>. Call FIRST before coming for same-day appointment availability (main phone: 352-392-1161), or request an appointment more than 24 hours prior through your MyUFHealth portal at [mychart.shands.org](http://mychart.shands.org) (<http://mychart.shands.org>) (for established patients). **PLEASE NOTE:** To avoid a no-show fee, call your primary care team or specialty clinic directly to cancel at least 24 hours before your scheduled appointment.

The health fee, paid as part of tuition, helps pay for basic evaluations but does not cover all possible charges at the SHCC. Patients are financially responsible for items including, but not limited to, physicals, procedures, X-rays, lab tests, medications, medical equipment, and physical therapy. Private health insurance plans are accepted for payment of covered services, so be sure to bring all health insurance information to your first appointment. For more information about charges, billing, and health insurance, please visit <https://shcc.ufl.edu/fees-and-insurance/> (<https://shcc.ufl.edu/fees-and-insurance/>)

### About Health Compliance

Students must comply with the University's immunization and health insurance requirements. More information and submission instructions about both of these prerequisites can be found at <http://healthcompliance.shcc.ufl.edu/>. (<http://healthcompliance.shcc.ufl.edu/>.html)

**Immunizations:** Vaccine-preventable diseases do still exist, and contracting these illnesses can have an adverse effect on a student's health, well-being, and ability to reach optimal academic performance. Students shall be required to show documentation of specific vaccinations or proof of immunity for Measles/Mumps/Rubella (MMR), Hepatitis B, and Meningitis. Please note that international students and those entering most academic health professions may have additional requirements, including tuberculosis screening. Find the immunization form and instructions online at <https://healthcompliance.shcc.ufl.edu/homepage/immunization-requirement/>. (<https://healthcompliance.shcc.ufl.edu/homepage/immunization-requirement/>)

**Insurance:** The University follows an Opt Out system where students who don't opt out by providing documentation of adequate health insurance will be automatically enrolled in the school-sponsored plan. They may either purchase outside health insurance that meets the requirements for comparable coverage, or they can be auto-enrolled in the school-sponsored Student Health Insurance Plan.

If a student currently has insurance, they will be required to review their insurance coverage and check that it meets the requirements set forth as comparable coverage. They will then need to submit a waiver with their policy information for verification by the end of drop/add but ideally much earlier. The charge for the school-sponsored Student Health Insurance Plan will be removed once the submission is completed and verified. Once verified, the waiver is good for one year. All this can be completed online by visiting <https://healthcompliance.shcc.ufl.edu/homepage/health-insurance-requirement/>. (<https://healthcompliance.shcc.ufl.edu/homepage/health-insurance-requirement/>)

Still have questions? You can contact the health compliance office for further assistance: [healthcompliance@shcc.ufl.edu](mailto:healthcompliance@shcc.ufl.edu) or (352) 294-2925.

## Thesis and Dissertation Formatting Assistance

The Thesis and Dissertation Support Team (<http://helpdesk.ufl.edu/application-support-center/>), a division of Academic Technology and UFIT, provides free assistance to students seeking guidance on the guidelines of the Thesis, Dissertation, and Publications Office. Although not part of the Graduate School's Thesis, Dissertation, and Publications Team, they work hand in hand with that office's editors. The Support Team's services are invaluable to students concerned about meeting the Electronic Thesis and Dissertation (ETD) submission standards required by the Graduate School. Students should avail themselves of their formatting assistance services well in advance of making submission of the thesis or dissertation document to the Graduate School's Thesis, Dissertation, and Publications Office. Appointments are encouraged, particularly in advance of all submission deadlines, as appointments are extremely limited and will only be conducted via remote electronic means. The Support Center can be reached by telephone (352.392.4357) or by emailing [T&DSupport-hd@ufl.edu](mailto:T&DSupport-hd@ufl.edu) ([T&DSupport-hd@ufl.edu](mailto:T&DSupport-hd@ufl.edu)). To set an appointment with their offices, visit their website at <https://it.ufl.edu/helpdesk/graduate-resources/>, then select the "Book an appointment" option from their menu.

## University Writing Studio

The Writing Studio is part of the University Writing Program, located in 302 Tigert Hall. The Studio's graduate student tutors provide one-on-one writing help for both undergraduate and graduate students. In 30-minute sessions, the Studio advises students on papers written for graduate school classes and theses or dissertations. The Studio also provides help with application essays and personal statements for graduate school applications. Students can make appointments—for daytime sessions in Tigert or evening sessions in Library West—at [www.writing.ufl.edu](http://www.writing.ufl.edu) (<http://www.writing.ufl.edu>). Phone: (352) 846-1138.

## Additional Resources

For information about the Gator1 Card (<https://businessservices.ufl.edu/services/gator-1-card/>), Office of the University Ombuds (<https://www.ombuds.ufl.edu/>), and Workshops for Teaching Assistants, (<https://academicresources.clas.ufl.edu/ta-development/>) visit the Resources section of this catalog. (<https://gradcatalog.ufl.edu/graduate/resources/>)

Please contact individual units for additional information. Updates to this catalog can be submitted via the Graduate School's Contact Form (<https://grad.ufl.edu/contact-us/>). Please also feel free to report any revisions or discrepancies via email to [grad-catalog@ufl.edu](mailto:grad-catalog@ufl.edu). Updates are appreciated throughout the entire year.